Interpersonal communication is an interactive questionnaire, based on the theory applied to communication, and through which students will learn about their most relevant personal characteristics.

The learning objectives are the following:

- To get to know personal communication styles
- Think about the communication styles in group processes
The questionnaire contains 50 phrases. Students must select, from a scale of 1 to 5, the degree of similarity of each phrase to the way in which they usually act.
Once students have completed the questionnaire, they receive the results and those of the rest of the group.